



Earth Day April 22nd, 2020

Earth day this year is not like other earth days in our past and yet this one maybe our most important Earth day yet. We are faced with trials from a global pandemic that none of us have ever experienced. We have been called to support local, regional, national and global solidarity as we fight against Covid-19, and while Earth day may just seem to be another day spent in self-isolation and social distancing, it is an Earth day of brothers and sisters in one crisis together. Earth day has traditionally been a day of environmental celebration of nature but as we have seen in the media in recent weeks that the air and water is clearing with lack of human contact, drawing a sharp conclusion that the natural environment doesn't stand alone and that there is a human element that continually takes its toll on our planet. So, while we wont be out planting trees, digging public gardens, picking up trash and celebrating with one another, there are still many ways we can honor our planet and enjoy its natural wonders.

Things you can do:

- Read up on impact on earth and wildlife while people were in self imposed isolation. These news articles have been covered by almost every major media outlet. Examples: Air Quality, National Park Wildlife and Water Quality.
- Take a digital exploration of Natural Parks: <https://artsandculture.withgoogle.com/en-us/>
- Watch nature documentaries. Netflix, Hulu, Amazon Video, YouTube, Animal Planet and Planet Earth are all fantastic recourses for adults and children alike!
- Grow indoor herb garden. <https://bonnieplants.com/gardening/how-to-grow-herbs-indoors/>
- Evaluate your waste and find ways to eliminate excess. <https://www.epa.gov/recycle/reducing-waste-what-you-can-do>



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